

## Carers Centres in the North East

Area	Address	Telephone Number	Email	Website
County Durham and Darlington	<b>Durham County Carers Support</b> Enterprise House Enterprise City Meadowfield Avenue Spennymoor Co Durham DL16 6JF	0300 005 1213 <i>(Durham)</i>  0300 030 1215 <i>(Darlington)</i>		<a href="http://www.dccarers.org">www.dccarers.org</a>
Gateshead	<b>Gateshead Carers</b> John Haswell House 8-9 Gladstone Terrace Gateshead Tyne and Wear NE8 4DY	0191 490 0121	<a href="mailto:enquiries@gatesheadcarers.com">enquiries@gatesheadcarers.com</a>	<a href="http://www.gatesheadcarers.com">www.gatesheadcarers.com</a>
Hartlepool	<b>Hartlepool Carers</b> 19A Lowthian Road Hartlepool TS24 8BH	01429 283 095	<a href="mailto:staff@hartlepoolcarers.org.uk">staff@hartlepoolcarers.org.uk</a>	<a href="http://www.hartlepoolcarers.org.uk">www.hartlepoolcarers.org.uk</a>
Newcastle	<b>Newcastle Carers</b> 135-139 Shields Road Byker Newcastle upon Tyne NE6 1DN	<b>Tel.</b> 0191 275 5060 <b>SMS.</b> 07874 100043	<a href="mailto:info@newcastlecarers.org.uk">info@newcastlecarers.org.uk</a>	<a href="http://www.newcastlecarers.org.uk">www.newcastlecarers.org.uk</a>

Every effort has been made to ensure the information on this information sheet is correct as at September 2019.

Newcastle Carers cannot accept liability for any errors or omissions.

Charity Registration No. 1145373 Company Registration No. 7869359

<b>North Tyneside</b>	<b>North Tyneside Carers' Centre</b> 3rd Floor YMCA Building Church Way North Shields NE29 0AB	0191 643 2298	<a href="mailto:enquiries@ntcarers.co.uk">enquiries@ntcarers.co.uk</a>	<a href="http://www.northtynesidecarers.org.uk">www.northtynesidecarers.org.uk</a>
<b>Northumberland</b>	<b>Carers Northumberland</b> 107 & 109 Station Road Ashington Northumberland NE63 8RS	01670 320 025	<a href="mailto:info@carersnorthumberland.org.uk">info@carersnorthumberland.org.uk</a>	<a href="http://www.carersnorthumberland.org.uk">www.carersnorthumberland.org.uk</a>
<b>South Tyneside</b>	<b>South Tyneside Adult Carers Service (STACS)</b> Salvation Army Building Wawn Street South Shields NE33 4EB	Tel. 0191 406 1531 / 07714737283	<a href="mailto:STACS@cgl.org.uk">STACS@cgl.org.uk</a>	
<b>Sunderland</b>	<b>Sunderland Carers Centre</b> Thompson Park Thompson Road Sunderland SR5 1SF	0191 549 3768	<a href="mailto:contactus@sunderlandcarers.co.uk">contactus@sunderlandcarers.co.uk</a>	<a href="http://www.sunderlandcarers.co.uk">www.sunderlandcarers.co.uk</a>
<b>West Cumbria</b>	<b>West Cumbria Carers</b> Suite 7F Lakeland Business Park Lamplugh Road Cockermouth	01900 821 976	<a href="mailto:general@westcumbriacarers.co.uk">general@westcumbriacarers.co.uk</a>	<a href="http://www.westcumbriacarers.co.uk">www.westcumbriacarers.co.uk</a>

Every effort has been made to ensure the information on this information sheet is correct as at September 2019.

Newcastle Carers cannot accept liability for any errors or omissions.

Charity Registration No. 1145373 Company Registration No. 7869359

	Cumbria CA13 0QT			
<b>South Lakeland</b>	<b>Carers Support South Lakes</b> Stricklandgate House 92 Stricklandgate Kendal Cumbria LA9 4PU	01539 815 970	<a href="mailto:admin@carersupportsouthlakes.com">admin@carersupportsouthlakes.com</a>	<a href="http://www.carersupportsouthlakes.org.uk">www.carersupportsouthlakes.org.uk</a>